



Fliteway Figure Skating Club (North Edmonton)

Web: www.fliteway.ca

Email: infofliteway@gmail.com

Phone: 780-472-1810

Director: Clyde Hammer, hammerclyde@gmail.com

Rinks: Castle Downs, Grand Trunk, Glengarry, Clareview Rec Centre, Londonderry

2024-25 Fall/ Winter – Adult Programs

Fliteway offers three adult programs open to anyone age 18 and up:

1. Adult CanSkate (Learn-to-Skate 1)
2. Adult Figure Skating (Learn-to-Skate 2)
3. Recreational Figure Skating (Active for Life)

Adult CanSkate (Learn-to-Skate 1)

- A group class for adults to learn basic skating skills and build confidence on ice. Based on Skate Canada’s flagship CanSkate program.
- **CSA-certified helmets are mandatory.** Skates must be the correct size and allow the feet to stand fully upright (no pronation or supination). A light jacket, gloves/ mittens, and clothes that allow easy movement are recommended.
- No club membership is required, but participants must cover the mandatory Skate Canada fee (\$55) once per year.
- **REGISTRATION:**
 1. Register online at the club’s website (www.fliteway.ca/registration).

If you have registration questions, please call or email the club.

Session 1. Rink = Grand Trunk Arena

Mondays	5:45-6:30 PM	Sep 09, 16, 23, 30, Oct 17, 21, 28	7 Classes	\$115.50
Sundays	1:00-1:45 PM	Sep 08, 15, 22, 29, Oct 06, 20, 27	7 Classes	\$115.50

Session 2. Rink = Grand Trunk Arena

Mondays	5:45-6:30 PM	Nov 04, 18, 25, Dec 02, 09, 16	6 Classes	\$99
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Sundays	1:00-1:45 PM	Nov 03, 10, 17, 24, Dec 01, 08, 15, 22	8 Classes	\$132
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Session 3. Rink = Grand Trunk Arena

Mondays	5:45-6:30 PM	Jan 06, 13, 20, 27, Feb 03, 10, 17, 24, Mar 03, 10, 17, 24	12 Classes	\$198
Sundays	1:00-1:45 PM	Jan 05, 12, 19, 26, Feb 02, 09, 23, Mar 02, 09, 16, 23, 30	12 Classes	\$198

Adult Figure Skating (Learn-to-Skate 2)

- An individual class for adults to learn basic figure skating skills; skaters must already have a good grasp of CanSkate (Learn-to-Skate 1) skills. Based on the pre- and introductory levels of Skate Canada’s StarSkate program.
- Each class is 60 minutes and includes one 15-minute private lesson and 45 minutes of self-led practice. Lessons are taught by Fliteway’s certified coaches.
- **Figure skates are mandatory**, must be the correct size and allow the feet to stand fully upright (no pronation or supination). A light jacket, gloves/ mittens, and clothes that allow easy movement are recommended.
- No club membership is required, but participants must cover the mandatory Skate Canada fee (\$55) once per year.
- **REGISTRATION:**
 1. Contact club director Clyde Hammer (hammerclyde@gmail.com) to arrange a coach before registering.
 2. Register online at the club’s website (www.fliteway.ca/registration).

If you have registration questions, please call or email the club.

Session 1. Rink = Grand Trunk Arena

Sundays	1:00-2:00 PM	Sep 08, 15, 22, 29, Oct 06, 20, 27	7 Classes	\$115.50
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Session 2. Rink = Grand Trunk Arena

Sundays	1:00-2:00 PM	Nov 03, 10, 17, 24, Dec 01, 08, 15, 22	8 Classes	\$132
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Session 3.00 Rink = Grand Trunk Arena

Sundays	1:00-2:00 PM	Jan 05, 12, 19, 26, Feb 02, 09, 23, Mar 02, 09, 16, 23, 30	12 Classes	\$198
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Recreational Figure Skating (Active for Life)

- This program is for former figure skaters looking to skate and take lessons recreationally one to two days a week. Skaters must already have a figure skating background.
- Skaters who do not meet the above requirements may be permitted at the club's discretion; please contact the club director.
- The registration fee includes one 15-minute private lesson per day, self-led practice, stroking, and off-ice classes dependent on days chosen. Lessons are taught by Fliteway's certified coaches.
- StarSkate tests may be taken at \$12 per test (Star 1 to 5) or \$20 per test (Star 6 and up).
- No club membership is required, but participants must cover the mandatory Skate Canada fee (\$55) once per year.
- **REGISTRATION:**
 1. Contact club director Clyde Hammer (hammerclyde@gmail.com) to arrange days and a coach before registering.
 2. Register online at the club's website (www.fliteway.ca/registration).

If you have registration questions, please call or email the club.

One day per week	\$80 per month
Two days per week	\$160 per month

Beyond Recreational Figure Skating...

- The next step beyond Recreational Figure Skating is **StarSkate**. Adults interested in learning at a faster pace or challenging themselves to higher figure skating levels are welcome to join the club's standard figure skating program.
- **REGISTRATION:**
 1. Contact club director Clyde Hammer (hammerclyde@gmail.com) to arrange before registering.
 2. Register online at the club's website (www.fliteway.ca/registration).

If you have registration questions, please call or email the club.