

# STAR Academy

## April / May Classes (Castle Downs Arena)

STAR Academy is an accelerated *Learn to Figure Skate* program designed for skaters progressing from CanSkate. This program provides structured training to develop fundamental figure skating skills in a dynamic and supportive environment.

### Program Requirements:

- Skaters must participate at least **two days per week** (three days recommended).
- Fees cover all **on-ice and off-ice sessions** as outlined in the schedule.

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### April/May SCHEDULE/ Castle Downs Arena

| MONDAYS                                   | TUESDAYS                                  | THURSDAYS                                 |
|---|---|---|
| 5:30-6:00pm Off-ice<br>6:15-7:00pm On-ice | 4:30-5:00pm Off-ice<br>5:15-6:00pm On-ice | 5:00-5:45pm On-ice<br>6:00-6:30pm Off-ice |

| DAY   | TIMES       | DATES                       | NOTES                  |
|---|-------------|-----------------------------|------------------------|
| Mondays   | 5:30-7:00pm | April 7,14,28,May 5,12      | No Skating on April 21 |
| Tuesdays  | 4:30-6:00pm | April 1,8,15,22,29 May 6,13 |                        |
| Thursdays   | 5:00-6:30pm | April 10,17,24 May 1,8,15   |                        |
| \$234 (pick any 2 days) -get the 3 <sup>rd</sup> day FREE |             |                             |                        |

### Spring Fundraising Requirements (April/May)

- 1 Bingo (\$75 value) is required.
- A buyout option is available (*please contact Michelle for details*).

### Program Highlights

- Small group training (*4 to 6 skaters per coach*)
- Includes supervised individual practice time
- Off-ice training: Skaters must bring running shoes
- Helmet Requirement: Helmets are still mandatory for all skaters

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### Registration Details

- In-Person Registration Only – Please see Michelle (Office Manager) for complete details.
  - If you have an account and credit card on file, registration can also be completed via email at [infoflightway@gmail.com](mailto:infoflightway@gmail.com)
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# STAR Group

## April / May Classes (Castle Downs Arena)

STAR Group is the next step after STAR Academy, designed for skaters who can manage independent practice time. This program introduces **more challenging skills** and provides a structured progression path in figure skating.

### April/May SCHEDULE/ Castle Downs Arena

| MONDAYS                                   | TUESDAYS                                  | THURSDAYS                                 |
|---|---|---|
| 5:30-6:00pm Off-ice<br>6:15-7:00pm On-ice | 4:30-5:00pm Off-ice<br>5:15-6:00pm On-ice | 5:00-5:45pm On-ice<br>6:00-6:30pm Off-ice |

| DAY   | TIMES       | DATES                       | NOTES               |
|---|-------------|-----------------------------|---------------------|
| Mondays   | 5:30-7:00pm | April 7,14,28,May 5,12      | No Skating April 21 |
| Tuesdays  | 4:30-6:00pm | April 1,8,15,22,29 May 6,13 |                     |
| Thursdays   | 5:00-6:30pm | April 10,17,24 May 1,8,15   |                     |
| \$234 (pick any 2 days) -get the 3 <sup>rd</sup> day FREE |             |                             |                     |

## Spring Fundraising Requirements (April/May)

- 1 Bingo (\$75 value) is required.
- A buyout option is available (*please contact Michelle for details*).

## Program Highlights

- Small group training (*4 to 6 skaters per coach*)
- Includes supervised individual practice time
- Off-ice training: Skaters must bring running shoes
- Helmet Requirement: Helmets are still mandatory for all skaters

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## Registration Details

- In-Person Registration Only – Please see Michelle (Office Manager) for complete details.
  - If you have an account and credit card on file, registration can also be completed via email at [info@liteway@gmail.com](mailto:info@liteway@gmail.com)
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