

September 2024

Issue No. 1

# September newsletter



**Fliteway  
Skating Club**



## Fliteway

As we start a new season, we want to give a warm welcome to all new and returning skaters. We have an amazing season planned both on and off the ice.

# 2024-2025

[www.fliteway.ca](http://www.fliteway.ca)



# NEW PROGRAMMING

## Inclusive And Adaptive Skating



New this season, our inclusive skating program is designed for skaters with physical and/or cognitive disabilities. Inclusive Skating helps all skaters "Live the Dream" and learn to skate in a positive and supportive environment.

## *Positive Parenting*

Let your children know that win or lose, you love them unconditionally! Be proud that your child has chosen to participate rather than spectate; to do and not only dream, to risk stumbling and rise to try again. Be supportive and encouraging. congratulate them when they succeed on their own. Parents who follow this mantra have children who say "My parents were always there for me, and were my best support. I couldn't have done it without them"

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## ADULT SPOTLIGHT

kelvin Lui will be representing Fliteway at the 2024 Adult International Figure Skating Competition. The event is being held in Calgary, Sept. 18-21. Good Luck Kelvin!!!! Go Team Fliteway!!!!



## COACH SPOTLIGHT

We are very pleased to have Alyssa back again this season. Alyssa is our dance enrichment consultant and works with our skaters weekly on a wide variety of different dance genres.

Professional Highlights  
Disneyland Dance Performance  
The Edmonton Elks  
WE Days  
Canada's Got Talent  
Hip-Hop World Championships



September 16th to 22nd is National Coaches Week.  
A good coach improves your game. A great coach  
improves your life!



## SUMMER GOLD TEST RESULTS

Congratulations to Chris, Keana, and Sarra  
for passing Gold Tests this summer.

Chris (Gold Dances)  
Keana (Gold Skating Skills)  
Sarra (Gold Skating Skills)

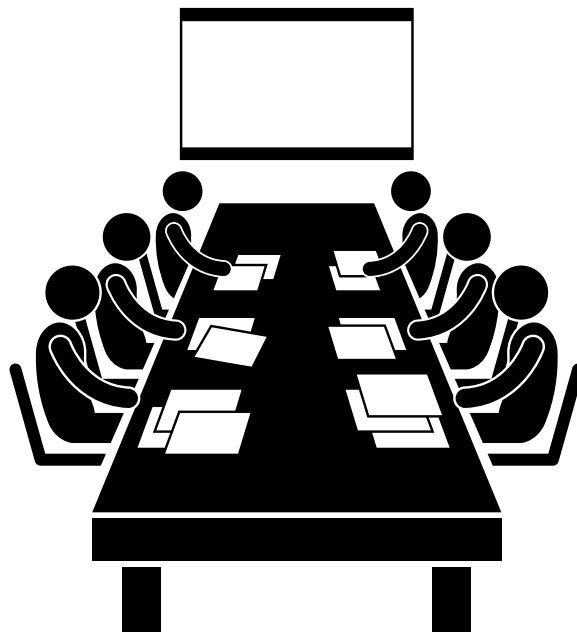
Gold Tests are the highest achievement a skater can receive. It takes years of hard work, dedication, and determination. There are 4 disciplines for testing. "Freeskate, Dance, Skating Skills, and Artistic". Skaters who achieve all 4 are considered quad Gold.

*Fliteway*  
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Contact: [infofliteway@gmail.com](mailto:infofliteway@gmail.com) for details.

Sponsorship Opportunity! Sponsor a program or an event!  
Find out more: [infofliteway@gmail.com](mailto:infofliteway@gmail.com)

**Fliteway AGM**  
**Thursday, October 24th**  
**6:30-7:30 PM / Castle Downs Arena**





# Our Programs

## **Pre-CanSkate (Ages 3 to 5)**

Pre-CanSkate is a learn to skate program for ages 3 to 5. Pre-CanSkate is designed to give skaters a positive first experience on the ice. Skaters learn through creative activities and teaching methods which are age appropriate. This program will focus on positive reinforcement, basic skating skills, and will prepare children for Fliteway's Skating Club CanSkate Program

## **CanSkate (Ages 4 and up)**

CanSkate is the Skate Canada flagship learn to skate program. Skaters must be able to skate independently to qualify for this program. CanSkate focuses on fun, participation, and basic skill development. All classes are taught in a group format and are led by an NCCP certified professional coach. Skaters progress at their own rate in a progressive, and sequential badge program. CanSkate is an excellent starting point for children interested in pursuing figure skating, hockey, ringette, speed skating, or just an interest in acquiring basic skating skills.

## **STAR Series**

STAR Series is a group Figure Skating Program for higher level CanSkaters. This customized program will further develop the basic skating fundamentals and introduce skaters to figure skating specific skills.

## **Inclusive and Adaptive Skating**

New this season, our inclusive skating program is designed for skaters with physical and/or cognitive disabilities. . Inclusive Skating helps all skaters "Live the Dream" and learn to skate in a positive and supportive environment.

## **Adult Programming**

Beginner and Advanced. Build confidence on the ice, make new friends, we have programming for all ages and levels.

## **StarSkate**

STARSkate offers athletes of all ages an opportunity to develop fundamental figure skating skills in the areas of ice dance, skating skills, freeskate, and interpretive skating. Unique in Canada, this program teaches figure skating skills in a group, semi-private and private lesson format in a progressive and sequential manner. Skaters have the opportunity to try Skate Canada Tests and compete in local, provincial, national and international level competitions.

