

WEEK #1 July, 2,3,4,5 (Clareview Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Tuesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Tuesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Tuesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Wednesday 1:30-2:30pm FS 2:30-2:45pm Spins 3:00-4:00pm FS 4:00-4:30pm Stroking 4:45-5:15pm Off-ice	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 3:00-4:00pm FS 4:00-4:30pm Stroking	Wednesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Wednesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Wednesday 4:30-4:45pm Stroking 5:00-5:45pm FS 6:00-6:30pm Off-ice	Wednesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 10:45-11:30am On-ice 11:45-12:30pm On-ice 12:45-1:15pm Off-ice
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am

FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility

WEEK #2 July, 8,9,10,11,12 (Clareview Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Monday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Monday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Monday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Monday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Tuesday 1:30-2:30pm FS 2:30-2:45pm Spins 3:00-4:00pm FS 4:00-4:30pm Stroking 4:45-5:15pm Off-ice	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 3:00-4:00pm FS 4:00-4:30pm Stroking	Tuesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Tuesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Tuesday 4:30-4:45pm Stroking 5:00-5:45pm FS 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice
Wednesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Wednesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Wednesday 4:30-4:45pm Stroking 5:00-5:45pm FS 6:00-6:30pm Off-ice	Wednesday 10:45-11:30am On-ice 11:45-12:30pm On-ice 12:45-1:15pm Off-ice
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am

FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility

WEEK #3 July, 15,16,17,18,19 (Clareview Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Monday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Monday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Monday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Monday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Tuesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Tuesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Tuesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Wednesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Wednesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Wednesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am

FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility

WEEK #4 July, 22,23,24,25,26 (Castle Downs Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Monday 12:30-1:00pm S/D 1:00-1:15pm Spins 1:30-2:30pm FS 2:30-3:00pm Stroking 3:15-4:15pm FS 4:15-4:30pm Spins	Monday (Side B) 12:30-1:00pm S/D 1:00-1:45pm FS 2:00-2:30pm Off-ice 3:00-3:45pm FS 3:45-4:15pm Stroking	Monday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Monday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Monday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Monday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Tuesday 12:30-1:00pm S/D 1:00-1:15pm Spins 1:30-2:30pm FS 2:30-3:00pm Stroking 3:15-4:15pm FS 4:15-4:30pm Spins	Tuesday (Side B) 12:30-1:00pm S/D 1:00-1:45pm FS 2:00-2:30pm Off-ice 3:00-3:45pm FS 3:45-4:15pm Stroking	Tuesday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Tuesday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Tuesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Wednesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Wednesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Wednesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am

FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility

WEEK #5 July, 29,30,31 Aug. 1,2 (Castle Downs Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Monday 12:30-1:00pm S/D 1:00-1:15pm Spins 1:30-2:30pm FS 2:30-3:00pm Stroking 3:15-4:15pm FS 4:15-4:30pm Spins	Monday (Side B) 12:30-1:00pm S/D 1:00-1:45pm FS 2:00-2:30pm Off-ice 3:00-3:45pm FS 3:45-4:15pm Stroking	Monday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Monday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Monday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Monday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Tuesday 12:30-1:00pm S/D 1:00-1:15pm Spins 1:30-2:30pm FS 2:30-3:00pm Stroking 3:15-4:15pm FS 4:15-4:30pm Spins	Tuesday (Side B) 12:30-1:00pm S/D 1:00-1:45pm FS 2:00-2:30pm Off-ice 3:00-3:45pm FS 3:45-4:15pm Stroking	Tuesday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Tuesday (Side B) 11:30-12:00pm DS 12:00-12:45pm FS 1:00-1:30pm Off-ice 1:45-2:30pm FS 2:30-2:45pm Stroking	Tuesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Wednesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Wednesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Wednesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Wednesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:15-3:30pm Stroking 3:35-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am

FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility

WEEK #6 Aug. 5,6,7,8,9 (Castle Downs Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B	JUNIOR	PAIR ACADEMY
Monday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Monday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Monday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Monday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Monday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Tuesday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Tuesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Tuesday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Tuesday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Tuesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice Lifts
Wednesday 1:30-2:30pm FS 2:30-2:45pm Spins 3:00-4:00pm FS 4:00-4:30pm Stroking 4:45-5:15pm Off-ice	Wednesday 12:30-1:15pm FS 1:30-2:00pm Off-ice 3:00-4:00pm FS 4:00-4:30pm Stroking	Wednesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Wednesday (Arena B) 1:15-2:15pm FS 2:15-2:30pm Spins 2:30-3:00pm Stroking 3:15-4:00pm FS 4:00-4:30pm D/S 4:45-5:15pm Off-ice	Wednesday 4:30-4:45pm Stroking 5:00-5:45pm FS 6:00-6:30pm Off-ice	Wednesday 11:30-12:30pm On-ice 12:45-1:15pm Off-ice
Thursday 1:30-2:15pm FS 2:30-3:00pm Off-ice 3:30-4:15pm FS 4:15-4:30pm Stroking 4:45-5:00pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 12:30-1:15pm FS 1:30-2:00pm Off-ice 2:15-3:00pm FS 3:00-3:15pm Stroking 3:30-3:45pm Flex	Thursday 4:00-4:30pm Off-ice 4:45-5:30pm FS 5:30-5:45pm Stroking	Thursday 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	Thursday 10:45-11:30am On-ice 11:45-12:30pm On-ice 12:45-1:15pm Off-ice
Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 9:45-10:45am Sims 11:00-11:30am Off-ice 11:45-12:45pm FS 12:45-1:00pm Stroking	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am FS 9:45-10:45 Sims	Friday 8:30-9:30am	Friday 10:45-11:30am
FS= Freeskate / Sims =Simulations / DS=Dance & Skills / Flex=Off-ice flexibility					

WEEK #7 Aug. 12,13,14 (Castle Downs Arena)

SENIOR A	SENIOR B	INTERMEDIATE A	INTERMEDIATE B
Monday 9:00-10:00am FS 10:15-11:15am FS	Monday 9:00-10:00am FS 10:15-11:15am FS	Monday 9:00-10:00am FS 10:15-11:15am FS	Monday 9:00-10:00am FS 10:15-11:15am FS
Tuesday 9:00-10:00am FS 10:15-11:15am FS	Tuesday 9:00-10:00am FS 10:15-11:15am FS	Tuesday 9:00-10:00am FS 10:15-11:15am FS	Tuesday 9:00-10:00am FS 10:15-11:15am FS
Wednesday 9:00-10:00am FS 10:15-11:15am FS	Wednesday 9:00-10:00am FS 10:15-11:15am FS	Wednesday 9:00-10:00am FS 10:15-11:15am FS	Wednesday 9:00-10:00am FS 10:15-11:15am FS