



FLITEWAY

# SUMMER 2025 THE NEXT LEVEL

ARE YOU READY  
To Push Your Limits

North Edmonton's Place To Skate



CASTLE DOWNS ARENA

JULY 2 TO AUGUST 15

SINGLES & PAIRS

PODIUM PATHWAY & STARSKATE



CONTACT US



Website  
[fliteway.ca](http://fliteway.ca)



Email  
[infofliteway@gmail.com](mailto:infofliteway@gmail.com)

# *Fliteway* Summer Skating Camps

## **The “NEXT LEVEL” - Elevate Your Skating This Summer!**

Get ready for an unforgettable summer of skating! In addition to working with our nationally renowned coaching staff, skaters will have the opportunity to learn from our consulting team of former World and Olympic-level skaters and coaches. Our theme this summer is the "NEXT LEVEL." Aside from a comprehensive training program, skaters will have lectures on yearly planning, goal setting, and competition preparation. Taking a holistic approach, we aim to inspire and challenge each athlete to reach their full potential.

## **Friday's Focus: Performance and Simulation**

Fridays will be all about performance, with 1 hour dedicated to simulations. Competitive skaters will collaborate with a Technical Specialist to maximize spin and footwork levels. Skaters will also receive feedback on their component marks from two highly recognized local judges.

## **Edges, Turns, and Stroking**

Daily stroking sessions will focus on edge/turn development and endurance. Skaters will also have access to top-level choreographers for program development and enhancements.

## **Off-Ice Training**

Classes will focus on jump technique, rotational development, strength, and flexibility. Most classes will be held outside (weather permitting).

## **Unleash Your Potential: Summer Pair Program with Olympic Champions!**

This summer, we are thrilled to offer an exceptional Pair Program that promises to take your skating to new heights. Skaters will have the unique opportunity to work directly with two Olympic champions.

## **Fun Days**

Each week, we will have a fun theme day where skaters get to dress up and compete for prizes.

## **Independent Warm-up**

All skaters will be expected to arrive 25 minutes before their on-ice session to do an independent off-ice warm-up!

## **Castle Downs Arena**

11520 153 Avenue NW, Edmonton, Alberta

## **Harness**

Pole harness and off-ice harness lessons are available.

## **Partnering with Tophie Davies**

STAR 6 to Diamond Dances

## Schedule (July 2 to August 8, 2025 )

### Castle Downs Arena

SENIOR	INTERMEDIATE	JUNIOR	PAIR ACADEMY
<b>Monday to Thursday</b> 12:30-12:45pm Spins 12:45-1:30pm FS 1:45-2:30pm FS 2:30-2:45pm Stroking 3:00-3:30pm Off-ice	<b>Monday to Thursday</b> 3:00-3:45pm FS 3:45-4:00pm Stroking 4:15-5:00pm FS 5:15-5:45pm Off-ice	<b>Monday to Thursday</b> 4:45-5:30pm FS 5:30-5:45pm Stroking 6:00-6:30pm Off-ice	<b>Monday/Tuesday/Thursday</b> 10:45-11:15am Lifts Off-ice 11:30-12:30pm On-ice  <b>Note: July 21,28 follow Wed. Schedule</b>
<b>Fridays</b> 8:30-9:45am FS 9:45-10:15am Sims 10:30-11:15am In-Class	<b>Fridays</b> 9:30-10:15am In-Class 10:30-11:00am Sims 11:00-12:00pm FS	<b>Fridays</b> 9:30-10:15am In-Class 10:30-11:00am Sims 11:00-12:00pm FS	<b>Wednesdays</b> 9:30-10:00am Lifts Off-ice 10:15-11:15am On-ice 11:30-12:30pm On-ice
<b>FS=Freestyle / Sims=Simulations</b>			

WEEKS	DATES	DAYS	JUNIOR	INT	SENIOR	PAIRS
Week #1	July 2,3,4	3 Days	\$48	\$60	\$70	\$10
Week #2	July 7,8,9,10,11	5 Days	\$80	\$100	\$115	\$20
Week #3	July 14,15,16,17,18	5 Days	\$80	\$100	\$115	\$20
Week #4	July 21,22,23,24,25	5 Days	\$80	\$100	\$115	\$20
Week #5	July 28,29,30,31 Aug. 1	5 Days	\$80	\$100	\$115	\$20
Week #6	Aug 5,6,7,8	4 Days	\$64	\$80	\$92	\$10
Extended	Aug. 11,12,13,14	4 Days		\$50	\$50	

**TEST DAY FRIDAY, AUGUST 15 / NO SKATING MONDAY, AUG. 4TH**

### Extended Summer Camp

<b>Monday to Thursday (Aug. 11,12,13,14)</b> Castle Downs Arena 9:00-11:15am Open to Senior/Intermediate	<b>TEST DAY</b> Friday, August 15 8:30am to 12:45pm
---	---

### FULL SUMMER PACKAGE

- Book all 6 weeks and get the extended week for **FREE!**

### SKATING LEVELS (JUNIOR/INTERMEDIATE/SENIOR)

Skaters will be placed according to age and competitive level by the Coaching Director, Clyde Hammer

**Senior** (Must be able to land 4 different doubles (Pre Novice to Senior Competitive) (STAR 8 to Gold)

**Intermediate** (STAR 4,5,6)

**Junior** (STAR 1 to 3)

### REGISTRATION

- Register online or in person during office hours